

## ***GRAFTING IN STOCKINETTE STITCH***

### ***(KITCHENER STITCH)***

Arrange sts to be grafted on two needles with points facing in the same direction. Hold the work WS to WS, needles together in left hand. Thread a tapestry needle with at least 1 1/3 cm of yarn for each stitch. Attach yarn to back needle and work right to left.

Bring yarn through first st on front needle as if to purl and leave the st on the needle. Bring the yarn through the first st on back needle as if to knit and leave the stitch on the needle.

\*Bring the yarn through the first st on the front needle as if to knit and slip it off the needle: bring the yarn through the next st on the front needle as if to purl and leave the st on the needle. Bring the yarn through the first st on the back needle as if to purl and slip the stitch off the needle. Bring the yarn through the next st on the back needle as if to knit and leave the stitch on the needle.\*

Repeat between \*s until 1 st is left on each needle. Bring yarn through st on front needle as if to knit and slip it off. Bring yarn through st on back needle as if to purl and slip it off.

## ***CROCHET***

**Chain (ch):** Place a slip st on hook. Holding hook in right hand and tensioning yarn in left, draw working yarn through slip st on hook. Repeat for desired number of chains.

**Single crochet (sc):** Single crochet is worked into an already existing chain. \*Insert hook under the two top threads of the specified chain. Yarn over hook and draw through chain st. There are now two loops on hook. Yarn over hook and draw through both sts on hook.\* Repeat between \*s for desired number of sc.

**Double crochet (dc):** Double crochet is worked into an already existing chain or sc \*Bring yarn over hook and insert hook under the two top threads of the specified chain. Yarn over hook and draw through chain st or sc. There are now three loops on hook. Yarn over hook and draw through two sts on hook. There are now 2 loops on hook. Yarn over hook and draw through remaining 2 sts on hook.\* Repeat between \*s for desired number of dc.

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### **TECHNIQUES**

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I am assuming that, as a knitter, you know most of the techniques required to make a project. There are a few specific techniques that I call for in individual patterns. These are listed below.

### ***CAST ONS***

**Crochet Edge Cast On:** Use a crochet hook about the same size as the needle being used. Place a slip knot on the crochet hook. Hold the crochet hook in your right hand; the knitting needle in your left hand. Hold the working yarn behind the knitting needle. \*Place the hook over the needle and draw a loop with the working yarn through the slip knot on hook. Place working yarn behind needle, and repeat from \*.

Remember, you are building up stitches on the knitting needle, not the crochet hook. For the last stitch, place the loop from the hook onto the needle.

There are instances when you will be required to do this cast on after you have already picked up and knit stitches. In this case, take the last stitch that is on the needle and transfer it to the hook. Cast on one stitch to replace this transferred one, then proceed with the specified number of stitches to cast on.

**Provisional Cast On:** Work above method in a waste yarn, chaining a few extra at the end. Break off waste yarn and put a slip knot in the tail as a tactile reminder. When you are ready to produce the lives sts you will carefully pull out the first st from the tail end that has the knot. As each live st pops out carefully place it on a needle. The very first st will be elusive, so you may drape the tail end of the yarn over the needle and catch it in with a tapestry needle to make it a real stitch. Now proceed with working yarn as per instructions.

**Cable Edge Cast On:** Place a slip knot on the LH needle. Insert tip of RH needle through the loop on LH needle and knit a stitch, placing it on the LH needle by dipping the LH needle under the stitch. \*Insert the RH needle *between* the 2 sts and knit a stitch, placing it on the LH needle as above.\* Rep between \*s.

## ***BIND OFFS***

**Three needle bind off:** Holding work RS to RS produces an invisible seam. Holding work WS to WS produces a ridge on the public side of the work.

Place each set of stitch on a needle with both the points facing the same direction, and hold together, one in front, one in back.

Insert the RH needle through the first stitch on both needles and knit.

Repeat for second stitch, then pass the first stitch over the second as you would do in a normal cast off. Continue casting off in this manner until all sts are worked.

## ***INCREASES***

**M1:** increase 1 st by slanting either to the right or to the left. If left or right is not specified, you may use either method.

**M1L (left):** With LH needle pick up horizontal thread between 2 sts from front to back. Knit into back of this loop.

**M1R (right):** With LH needle pick up horizontal thread between 2 sts from back to front. Knit into the front of this loop.

**Backwards Loop:** Using right forefinger wrap yarn from back to front; twist finger slightly and slide RH needle between finger and yarn. Tighten st on needle.

## ***SHORT ROW SHAPING***

**Wrap and turn:** (W and T)

Work specified number of stitches to where it says W and T.

Right side row: Wyib (with yarn in back) slip next st purlwise, bring yarn to front side of work, slip same st. back to LH needle, turn, bringing yarn to back side of work. The wrapped st will be on RH needle. Slip first stitch on LH needle and work back.

Wrong side row: Work specified number of stitches to where it says W and T. Wyif (with yarn in front) slip next st. purlwise, bring yarn to back side of work, slip the same st. back to LH needle, turn, bringing yarn to front side of work. The wrapped st will be on RH needle. Slip first stitch on LH needle and work back.

**Hiding wraps:** On subsequent rows, hide the wrapped st. of previous row by inserting point of RH needle under wrap and through wrapped st, knitting or purling them together.

## ***1 ROW BUTTONHOLE***

Work to where the buttonhole begins. Slip 1 st purlwise wyif. Place yarn in back and leave it there. \*Slip 1 purlwise, pass previous st over it\*, rep between \*s for as many sts as the directions specify. Sl last cast-off st back to LN and turn work, putting yarn in the back. Cable cast-on the same number of sts as cast-off. Cast on 1 more, but put yarn in the front before putting it back on the LN. Turn work. Slip 1 st knitwise and pass the extra cast-on st over.

## ***KNITTING IN ENDS FROM COLOR CHANGES***

Insert needle into stitch to knit as usual. Drape one end from color change over the working yarn; knit stitch as usual. On the next stitch use the tail from the other color to drape over the working yarn. Continue alternating tails in this manner for about 1 inch of work.

## ***I-CORD***

On a double pointed needle cast on 3 sts. Knit 3. \*Without turning your work push all three sts back to point of needle and place needle in left hand. Knit 3 sts.\* Repeat between \*s.